

PUTTING THE QUALITY BACK INTO QUALITY TIME
LWFC BIBLE STUDY
“THE ART OF MARRIAGE”

MARCH 25, 2025
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How can we return the quality to our Quality Time?

Focus of the Marriage

Eph. 5:22-27

1. A Ministry Minded Marriage

Whose Kingdom are you operating in?

- Represent the Church and Christ
 - Understand Better who we are
 - Our Hearts Revealed
 - Sanctification Process
- Character Flaws Exposed and Transformed
 - A Discipling Marriage
- 2 are better than 1 (Eccl. 4:9-12)

Personality of the Marriage

Phil. 2:1-6

2. Marriage of Humility

- Vv. 1-2 Choose to Have One Mind led by the Holy Spirit
- V3. Make sure your motives are pure and just. Not concerned with what we can get out of doing for other.” We should ask the question, “What have I done for you Lately”, not what you have done for me.

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- We have a daily opportunity to bring our flesh under subjection. 1Cor. 9:27
- Gratitude is the Right attitude (it is impossible to be grateful when we think we are entitled)

Condition of the Marriage

3. The 4 Seasons of Marriage

- All Marriages will go thru Changes that cannot be controlled
 - Some we create with unexpected outcomes
- How we process the changes determines how things turn out.
- If we respond well with our mate, we can find ourselves in the Spring or Summer
 - If we don't, we can end up in the Autumn or Winter of our Marriages
- How we allow God to help us manage reactions and Emotions can determine how long we stay in the different seasons.

Restoration of the Marriage

4. Forgiveness Leads Back to Oneness

- A Healthy Marriage is made up of two great forgivers

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Forgiveness is a Pledge to do 4 things

- I promise I will not think about this incident, because “Love does not dwell on conflict” (1 Corinthians 13:4).

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- I promise I will not bring this incident up and use it against you, because “Love ... keeps no record of wrongs” (1 Corinthians 13:5).
- I promise I will not talk to others about this incident, because “Love does not gossip” (1 Corinthians 13:6).
- I promise I will not allow this incident to stand between us or hinder our personal relationship, because “Love breaks down walls” (1 Corinthians 13:4).
- Forgiveness is comprised of Empathy, Compassion and Grace
 - The goal is forgiveness and reconciliation

Continued Newness of the Marriage

5. Letting The Marriage Light Shine

- Focusing on the High Good of your spouse
- Remember your role in the Sanctification process
- Taking pride in Having the Exclusive right and responsibility of meeting your Spouse’s most important needs
- Keep in mind you’re never fighting against your spouse
- You don’t have Marriage Problems; it is doing exactly what its designed to do.

Put The Love back into your Marriage