

## **Anger**

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The Reach

### **INTRODUCTION**

#### **The Fall of Man**

Genesis 3 explains where the relationships and the anger of society's dilemma began. All the difficulties of the world can be traced back to the events of Adam in the garden, all the troubles in creation and life. Physical difficulties, spiritual complications and growth, moral snags, family concerns, neighborhoods divided and not communicating, economic glitches, partisan problems, all the issues in the world have their foundation in the events of Adam eating the fruit.

The beginning of sin is essential for all believers to understand. When we have insight into this account, we can relinquish our opinion and have foundational biblical truth. Now we should refrain from misconstruing what has caused the mayhap in our society, which causes misinterpretation, misjudgment, and misapprehension of almost everything.

Roman 5:12 Therefore, just as through one man sin entered into the world, and death through sin, and so death spread to all mankind because all sin.

1 Corinthians 15:22 For as in Adam all die, so also in Christ all will be made alive.

#### **And then Came Man's Anger**

##### **I. Anger Turns into Jealous Rage (Genesis 4:1-8)**

A. Cain killed Abel

## II. The *Definition* of Anger (Ephesians 4:26-32)

A. Disposition of the mind that entertains antagonism towards another individual, manifesting itself in various emotions and actions. (Genesis 4:1-8, Mark 3:1-6)

B. Anger is an attitude that results in emotions that move into action.

(Proverbs. 14:17, 15:18,16:32 )

C. Anger is ungodly attitudes and actions because of some perceived need, desire, personal preference /standard not being met by someone or being offended by someone. They are thinking about themselves, their feelings, wants, and needs. They are self-centered, not God-centered. They are preoccupied with what they crave, the means to the end that is not providing that craving or something that is hindering that craving.

D. When the desires that are centered on things of this life become a demand for something of this life, the anger of man results when your demands are not met:

E. When the desire for people to do or handle things your way or for life to go your way becomes a demand, anger results when your demands are not met>

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### Issues of the heart.....

1. Bitterness- resentment 2. Wrath- intense fury or rage 3. Anger – deep-seated hostility within the heart toward another 4. Clamor- verbal fighting with people 5. Slander- ugly

words, mean words in reference to someone's reputation, verbal abuse in reference to someone's character.

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## **Conclusion**

### **1. Forgiveness is Essential for Spiritual Growth:**

Forgiveness is the soil in which numerous spiritual fruits and divine blessings are cultivated. Tending and nurturing the soil of forgiveness is one of the surest ways to develop spiritual health and maturity.

Sin destroys joy, and forgiveness restores joy..... David noted this in his great confession of sin: "Restore to me the joy of Your salvation" ([Psalm 51:12](#)). Sin always shatters the sinner's joy. But forgiveness restores joy. Two verses later, David wrote, "Deliver me from blood guiltiness, O God, the God of my salvation; then my tongue will joyfully sing of Your righteousness" ([Psalm 51:14](#))

### **2. Love Never Fails**

Love By this all men will know that you are My disciples, if you have love for one another" ([John 13:35](#)). How does the world know believers love one another because forgiveness restores **joy**

### **3. Spiritual Growth is Indispensable when dealing with forgiveness:**

Walking consistently in love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control produces Spiritual Maturity (Galatians 5:16-25).

Love is growing and increasing (Ephesians 4:11-16, 1 Corinthians 13:4-8).

Accept your inability to control God, people, and the outcome of circumstances.

Choose to serve and love others unconditionally.