

Be The Best Parent You Can Be

We as adults – teachers, pastors, leaders, friends, family members, etc. need to be more sensitive and compassionate, and recognize that PARENTS RAISE GOOD CHILDREN TOO!!!

1. Attitude Check – Daniel 1:8

A. Positive _____

B. Focus on _____

a. Less _____

b. Less _____

c. Less _____

C. Appreciate new _____

a. Independence

b. Opportunity for _____

1. new _____

2. new _____

3. new _____

c. Feel hopeful about _____

2. You ARE in Charge – Psalm 37:5

A. Leave no _____

B. Establish _____

1. Children are not _____

2. Children need _____

3. Discipline _____

4. Give clear _____

5. Explain _____

3. Stay “on top” of frustration – Psalm 34:1

A. Swallow your pride - _____

1. Car pool - _____

2. Seek _____

3. Arrange time _____

B. Wisely _____

C. Do not try to _____

D. Give _____

E. Take time to _____

4. Remember - _____

I Corinthians 15:10

A. Do the best _____

B. Allow no _____

(do not allow children to control you)

C. The family is _____

(work together)

D. Give yourself _____

5. Establish a stable, _____

I John 4:7

A. Children need to _____

B. Speak _____ **(I love you)**

C. Show _____ **(acts of kindness)**

D. Let them know how _____

6. Establish _____

Colossians 3:17

A. Be _____ **(actually can be done)**

B. Be _____ **(willing to bend not give in)**

C. Be _____ **(serving a purpose)**

D. Remember – life is not _____

7. Take care of _____ I Corinthians 6:19

A. Watch what _____

B. Exercise _____ (walk, jog, etc.)

C. Get enough _____

D. Manage stress (you control it do not let it control you)

E. Stressed out parents results in _____

8. Develop a reliable support system – Ecclesiastes 4:9-10

A. For spiritual _____

B. For emotional _____

C. For social _____ (fellowship)

D. For emergency _____

E. Remember – it is okay to ask for help, by doing so, you

show _____

F. Be very selective in _____

1. choose caring _____

2. choose reliable _____

3. choose trustworthy _____

4. choose people who will be _____

9. Your child is not a peer – I Corinthians 13:11

A. Children think _____

B. Children act _____

C. Allow children _____

D. Choose adult peers _____

10. Establish realistic expectations – Philippians 4:12-13

A. Focus on _____

B. Set family goals _____

C. Work together _____

D. Have family _____

E. Communicate _____

F. Solve family problems _____

G. Praise _____

H. Pat yourself _____