

# Trust

## *Proverbs 3:5-6*

Jordan Washington  
Youth Minister

### I. Know the One to Trust (v. 5)

**Trust-** (1) literal physical sense: to physically lean upon something for support and (2) figurative sense: to rely upon someone or something for help or protection

**Heart-** All of your mind emotions and will

**Lean+Understanding-** relying on one's own desires, experience and insight to support the lifestyle choices we make; These things are unreliable for support the weight of your life

#### A. Worth Your Trust (5a)

1. 1<sup>st</sup> and foremost a decision. Emotional security follows if trust is placed in a legitimate subject
2. Trust should not be dictated by seeking emotional satisfaction
3. *Authority+Character+Ability= Perfectly Worthy*
4. *Trust develops within the context of relationship that requires all of you. -Submit Inside+Outside*

#### B. Can't Afford to Trust Anymore (5a)

1. Traumatic experiences since childhood (neglect and abuse)
2. The problem of suffering and evil
3. Failed political and social systems
4. Misconduct & unreliability of those we are supposed to trust
5. Waiting on God's timing

#### C. Our Understanding Costs Us (5b)

1. Our understanding is made up of past experiences, self-made expectations and limited knowledge
2. Things beyond our understanding that cause pride, anxiety & addictive behaviors.

### II. Trust the One Who Knows (v.6)

**Acknowledge (to know)-** To be aware of God and His word and be obedient to what He says. To acknowledge the LORD in every event means trusting and obeying him for guidance in right conduct.

**Paths/Ways-** referring to a person's course of life, actions and desires This is a call for total commitment in trust for obedience in all things

#### A. Acknowledge (6a)

1. Awareness

- Devotional life (prayer and bible reading)
  - Seeking God through community (online and in person)
  - 2. Obedience
    - Faithful service within the community of faith
    - Commitment to love our neighbor and love God
  - 3. The commitment creates intimacy
    - It comes not from what you do occasionally but consistently
- B. Divine Direction (6b)
1. Prayer (Request) → Inconvenience → Reorientation → Benefit
  2. We are offered more than guidance we have assurance of an outcome
  3. God promises to do the work, stay on the road.