

# Pastorial REFLECTIONS

November 8, 2020

“For God has not given us a spirit of fear, but of power and of love and of a sound mind” **2 Timothy 1:7.**

The **Coronavirus** is real, however through faith with God we can overcome it! Listed below are tips and precautions that we as a church are taking and are encouraging you to practice.

## Take steps to protect yourself



### Clean your hands often

- **Wash your hands** often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.
- If soap and water are not readily available, **use a hand sanitizer that contains at least 60% alcohol.** Cover all surfaces of your hands and rub them together until they feel dry.
- **Avoid touching your eyes, nose, and mouth** with unwashed hands.



### Avoid close contact

- Avoid close contact with people who are sick
- Put **distance between yourself and other people** if COVID-19 is spreading in your community. This is especially important for people who are at higher risk of getting very sick.



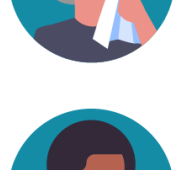
### Stay home if you're sick

- **Stay home** if you are sick, except to get medical care.



### Cover coughs and sneezes

- **Cover your mouth and nose** with a tissue when you cough or sneeze or use the inside of your elbow.
- Throw used tissues in the trash.
- Immediately **wash your hands** with soap and water for at least 20 seconds. If soap and water are not readily available, clean your hands with a hand sanitizer that contains at least 60% alcohol.



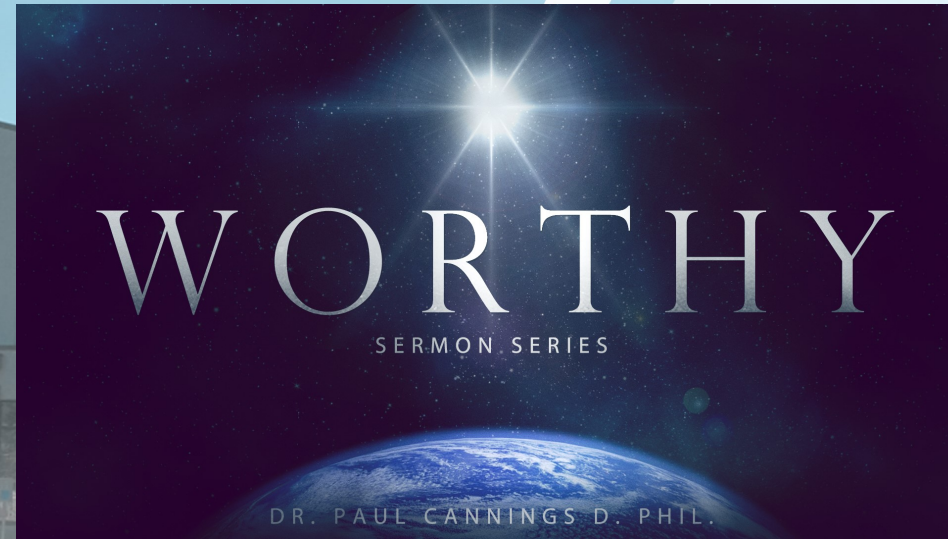
### Wear a facemask if you are sick

- **If you are sick:** You should wear a facemask when you are around other people (e.g., sharing a room or vehicle) and before you enter a healthcare provider's office. If you are not able to wear a facemask (for example, because it causes trouble breathing), then you should do your best to cover your coughs and sneezes, and people who are caring for you should wear a facemask if they enter your room.
- **If you are NOT sick:** You do not need to wear a facemask unless you are caring for someone who is sick (and they are not able to wear a facemask). Facemasks may be in short supply and they should be saved for caregivers.



### Clean and disinfect

- **Clean AND disinfect frequently touched surfaces daily.** This includes tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, and sinks.
- **If surfaces are dirty, clean them:** Use detergent or soap and water prior to disinfection.



## ORDER OF WORSHIP

Announcements

Song

Communion

Praise & Worship

Visitor's Welcome

Worship In Giving

*Offering boxes are located at all perimeters under crosses*

Special Music

The Word of God

*Thankful...2020?*

*Psalms 40:1-5*

*Dr. Paul Cannings, Senior Pastor*

*Sermon notes available online at [www.lwfellowshipchurch.org](http://www.lwfellowshipchurch.org)*

*Click on the "Media" tab and click "Sermon Outline"*

Call to Discipleship

*Please remain seated at this time*

Benediction & Closing Song

## UPCOMING Events



### New Service Times

Join us each Sunday at our usual service times, 8am & 11am in-person or online via YouTube or Facebook.



### Center for Christian Living "Making it Through the Valley"

Despite the pandemic, get ready for an exciting time in the Word of God as we walk through the valley with His protection and presence. Allow God's Word to comfort and keep you on **Tuesday nights at 7pm starting November 3rd** on Free Conference Call System.



### The Gathering at Living Word

Each year we get together for a church-wide Thanksgiving feast. Unfortunately, we can not host this type of event due to the pandemic and CDC guidelines.

**Thankfully**, we can still gather together and give Him praise at our two-day weekend event.



### Day 1: Break Bread with The Block— The Christian Outreach Center

is partnering with **Phillip 66** to package and distribute gift baskets to the community on Saturday, **November 21st from 11am-1pm.**

### Day 2: Pull Up & Give Thanks—Join us in the parking lot on

**Sunday, November 22nd at 2pm** for music, entertainment and socially distant fellowship. Please contact your Deacon Family for further information.

## Thankful..2020?

Psalm 40:1-5

### A. He Listens (vs. 1):

1. I wait patiently – While steadfastly enduring we must learn with eagerness to expect the Lord to do what he said he will do.
2. I patiently wait – The Lord is mighty and has all authority to do what he promises to do for those who trust in him. We can confidently expect the Lord to decisively act in our favor.
3. Incline to me – Despite our adversities the Lord engages in our prayers because he is committed to maintaining his covenant with us (Psalm 34:7-9; Matthew 28:20; Romans 8:31; Hebrews 8:1-2).
4. Do not turn – The Lord is never too busy for us. Our urgent prayers continuously gain his attention so that He is completely focused on planning a ‘course of action towards us’.
5. Heard – The Lord does not limit the amount of prayers he will hear, but constantly offers his undivided attention to fully understand the true nature of our prayers (Romans 8:26-28).
6. Cry; Call – The word cry signifies an intense, passionate hollering to the Lord to gain his attention and deliverance.

### B. The Lord Fights for Us (vs. 2):

1. He brought me up; offering – The distressful pain of the Psalmist took him to a low place. He now explains that the Lord continuously took him on a journey to a better place emotionally.
2. The pit of destruction – This pit is not just a hole in the ground. David is also being crushed by flood waters that are creating a loud noise and death is imminent if he is not rescued.
3. He set my feet; To establish – The Lord’s rescue of David can be compared to constructing a well-developed building on a solid foundation. God rescued and established David, taking him from destruction and placing him in a place of strength.
4. My footsteps firm; Established; Faithful – God alone took David from certain destruction—an ‘incontrovertible existence’. It made David firmly anchored after being rescued from destruction.

### C. He Puts My Praise On (vs. 3):

1. He put – The Lord generously activated a new song in David’s heart so that he could write about his experiences.
2. Praise to our God – The song that was placed in David’s heart joyfully expresses and publicly glorifies God. It shows adoration and thanksgiving to God as it declares all he has done.
3. Many will see – Many people will come to such a clear understanding it would be as though they are seeing through their own eyes.
4. Trust – Because of all that the Lord has done, David has confident hope in the Lord, and this removes all his anxiety.
5. Trust - When the Lord firmly established David from the pit of destruction, it taught him to completely rely upon the Lord because he is always in control.
6. Lord – David moves from God to Lord because it is God who reigns supreme, but it is the Lord who executes the covenant relationship God has with his people.

### D. The Lord Blesses (vs. 4):

1. How blessed is the man – The Lord causes a heightened state of happiness to the one who trusts in Him so that person is at the point of bliss and prosperity.
2. Who has made the Lord his trust; Put – To make the Lord one’s trust is to rely on him to restore life and vitality to a person’s daily existence, so they can fully enjoy life. This happens because the person has a strong confidence in the Lord’s ability to free them from danger and provide them rest and safety.
3. Has not turned to the proud – This person is blessed because they did not allow their circumstances to cause them to stray from God to those who are arrogant and display an attitude of independence from God.
4. Those who lapse into falsehood – The person who is blessed does not rely on people who are committed to falsehood or deception.

### E. The Lord is Always at Work (vs. 5):

1. Oh Lord my God – David, when providing adoration to the Lord expresses the nature of the Lord God. The Lord is might, power, has all authority and is committed to his relationship with Israel. God is supreme and is sovereign over everything and reigns over everything.
2. Wonderous works; Difficult – What God has done is beyond human ability and clearly demonstrate God’s capability to do amazing things.
3. Which you have done, act – God with his powerful ability to create anything from nothing has already acted and has completed, with a sense of ethical obligation, all that needs to be fashioned together so that He can do wonders.
4. Your thoughts towards us – God’s way is inventing ideas, making judgments, planning, mediating and devising plans that are many and way beyond our ability.
5. There is none to compare – How God arranges or sets in order all that he is going to do is beyond any person’s capability.
6. Declare and speak to them; Tell – It is impossible for David to adequately express all that the Lord God has done. His wonders are continuously too numerous.
7. Numerous; Tell – All the Lord’s activities are powerful facts that are too vast list.

## PRAYER REQUEST

**Grieving:** Darrell and Angela Lea & family, Jerry Griffin & family, John Henderson & family, Aaron Cormier & family, Cheryl Beal & family, and Vivian Buckner & family. .

**Health and Healing:** Lurlean Lane, Florence Wiggins, Hattie Williams, Retha Amos, Octavia Scott, Margaret Baptiste, Cici Sharpe, Eunice Johnson, Jeffrey McQueen, Booker Wheatley, Brittany Bullock, Sara-Beth Mathis, Barbara Gordon, Ella James, Debra Gaines, Pat Crawford, Lisa Roberts, Birdie Williams, and Jon Heard.



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PSALM 40:1-5